**Swift County - Benson Health Services**

Your local source for exceptional healthcare

Clinic Address: 1810 McKinney Avenue, Benson, MN 56215
Clinic Phone: 320-843-2030
www.scbh.org

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**WALK-IN CLINIC OPEN**

No appointment necessary
Patients are seen on first-come-first-served basis

Starting Monday, October 16th

<table>
<thead>
<tr>
<th>Scheduled Appointment Hours</th>
<th>Walk-in Clinic Hours</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monday-Thursday</strong> 8:30am - 4:30pm</td>
<td><strong>Monday-Thursday</strong> 7:30am - 6:00pm</td>
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<tr>
<td><strong>Fridays</strong> 8:30am - 4:00pm</td>
<td><strong>Fridays</strong> 7:30am - 4:30pm</td>
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<tr>
<td><strong>Saturdays</strong> 9:00am - 11:30am</td>
<td><strong>Saturdays</strong> 7:30am - 4:30pm</td>
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</tbody>
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Visit the walk-in clinic or schedule an appointment if you are experiencing:

- Minor allergic reactions/hives
- Minor abdominal pain
- Minor burns
- Minor animal bites
- Allergies/asthma
- Cuts
- Broken bones
- Conjunctivitis (pink eye)
- Constipation
- Croup
- Ear ache/ear pain
- Eye infection
- Fever
- Headache (migraine)
- Heartburn
- Insect bites
- Nausea, vomiting, diarrhea
- Pneumonia
- Rashes or skin infections
- Sinusitis
- Sore throats
- Sprains and strains
- STD checks
- Tonsillitis
- Urinary tract infections
- Wart removal-minor
- Work comp injuries

Go to the emergency room if you are experiencing:

- Severe allergic reactions
- Chest pain or pressure in the chest
- Severe abdominal pain
- Difficulty breathing or shortness of breath
- Deep cuts or excessive bleeding
- Coughing up blood or vomiting
- Numbness in the face/arm or leg
- Severe burns
- Seizures
- Sudden, severe headache
- Head injury
- Stroke symptoms (sudden or unexpected paralysis)

Make a scheduled appointment if you need:

- Regular routine physicals (pap smear, breast exam, prostate exam)
- Hospital or ER follow-up visits
- Preoperative clearance
- Child and teen checkups with vaccinations
- Routine pregnancy care
- Routine management of chronic health conditions such as high blood pressure and diabetes
- DOT examinations
- FAA (flight physicals)
- Pre-employment exams
- Worker’s Comp follow-up
- Referrals to specialist
- Chronic back pain
- ADD/ADHD evaluations
- Routine medication refills
- Nursing home admissions
- Evaluation for birth control

*Nurse-only visits by appointment*: Blood pressure checks, updating immunizations, flu shots, allergy injections